

**THE IMPLEMENTATION OF SQ3R TECHNIQUE TOWARDS  
STUDENTS' READING COMPREHENSION FOR EIGHT  
GRADE AT SMP NEGERI 2 SINTANG**

**THESIS**

A Submitted as a Partial Fulfilment of the Requirement for the Attainment of  
Sarjana Pendidikan Degree in English Language Education Study Program



**WRITTEN BY:**

**MARIA NURIATI**  
**Student ID: 210507160**

**STKIP PERSADA KHATULISTIWA  
ENGLISH LANGUAGE EDUCATION STUDY PROGRAM  
SINTANG  
2025**

## APPROVAL SHEET

Name : Maria Nuriati  
Student ID : 210507160  
Study Program : English Language Education  
Title : The Implementation of SQ3R Technique Towards  
Students' Reading Comprehension for Eight Grade at SMP  
Negeri 2 Sintang.

This Thesis has been approved by the supervisors and has met the requirements and is considered feasible to be submitted to the thesis examination committee.

Sintang, 15 December 2025

Advisor I

Advisor II



**Ferdinanda Itu Meo, M.Pd**  
NIDN.1131129102



**Sijono, M.Pd**  
NIDN.1115028901

Approved by :  
The Dean of FTKIP Persada Khatulistiwa



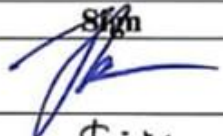
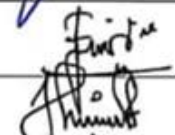
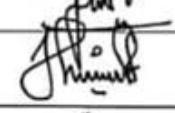

## RATIFICATION SHEET

A Thesis entitled “**The Implementation of SQ3R Technique Towards Students’ Reading Comprehension for Eight Grade at SMP Negeri 2 Sintang**” arranged by:

Name : Maria Nuriati  
Student ID : 210507160  
Study Program : English Language Education

Defended before the Board of Examiners on 2025 and declared acceptable.

### Examiners :

No	Name	Occupation	Sign
1	Yokie Prasetya Dharma, M.Pd.B.I	Chairman	
2	Ferdinanda Itu meo, M.Pd	Secretary	
3	Ilinawati, M.Pd	Member 1	
4	Sijono, M.Pd	Member 2	

The Dean of STKIP Persada Khatulistiwa



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I hereby declare that:

1. My written work, this thesis, is original and has never been submitted for a bachelor's degree, either at STKIP Persada Khatulistiwa or at other colleges universities.
2. This paper is purely my own ideas, formulation and research, without the help of other parties, except for the direction of the Advisory Team and the input of the Examining Team.
3. In this paper there are no works or options that have been written or published by other people, unless it is clearly stated in writing as a reference in the manuscript with the author's name mentioned and listed in the bibliography.
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## **MOTTO AND DEDICATION**

### **MOTTO**

**Paulo Coelho in *The Alchemist***

“When you want something, all the universe conspires in helping you to achieve it.”

### **DEDICATION**

This thesis is lovingly dedicated to my family, whose constant love, patience, and support have helped me overcome every obstacle. To my parents, for instilling in me the importance of perseverance and diligence, and to my siblings, for their continual encouragement in pursuing my ambitions. Finally, I dedicate this thesis to all those who dare to dream, as a reminder that commitment and determination can transform dreams into reality.

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May all the help, guidance, and support that have been given be rewarded by God Almighty. The researcher realizes that there are still many deficiencies in this thesis, and therefore, researcher sincerely welcome any suggestions and constructive criticism for the improvement of this thesis.

Sintang, 15 December 2025  
The Researcher

Maria Nuriati

## ABSTRACT

Maria Nuriati. 2025. The Implementation of SQ3R Technique Towards Students' Reading Comprehension for Eighth Grade at SMP Negeri 2 Sintang. Thesis. English Language Education Study Program, STKIP Persada Khatulistiwa. Advisor I: Ferdinanda Itu Meo, M.Pd., Advisor II: Sijono, M.Pd.

Keywords: pre-experimental, reading comprehension, sq3r technique

Reading comprehension is a fundamental element of education; however, many students still struggle to identify implicit information and main ideas within a text. This issue often stems from the use of passive and conventional reading strategies, leading to poor academic performance. This research examined the effectiveness of the SQ3R technique in improving reading comprehension ability of eighth-grade students at SMP Negeri 2 Sintang. The SQ3R technique was capable to enhance students' engagement and comprehension in reading. A total of samples was 33 students from class VIII-I which participated in the research. This research used a quantitative approach with a pre-experimental, one-group pre-test-post-test design. The findings were collected through multiple-choice and essay tests and then analyzed quantitatively using SPSS 27. The results were normally distributed, and a paired sample t-test was used to test the significance of the data. The results showed a significant difference in students' reading comprehension ability, with the mean score increasing from 60.57 in the pre-test to 80.00 in the post-test. The statistical test results indicated that the significance value was less than 0.05. In addition, the questionnaire results showed that students responded positively to the use of the SQ3R technique. These findings indicate a clear improvement in students' reading comprehension levels, as evidenced by a reduction in lower achievement categories and a corresponding increase in higher achievement categories. Therefore, the SQ3R technique can be considered an effective instructional strategy and is recommended for English teachers to improve students' reading comprehension in similar educational contexts.

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